



Saginaw E-Newsletter

SEPTEMBER 2009

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*"Mountaintops inspire
leaders, but valleys
mature them."*

-Winston Churchill

*This newsletter
contains:*

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What Role Will You Play? Who Are You In Health Care?

The propaganda and platform for health care reform has saturated the content of every form of media imaginable. The often incomprehensible mess that gets spit out from bureaucratic discourse has left many feeling confused and overwhelmed. Regardless of where you stand on any issue in healthcare, the ultimate goal for seeking reform is to improve health care delivery and access. This month we are showcasing how this community has already been answering the call for delivering quality healthcare to its citizens for over 30 years.

HDI: Seasonal Migrant Health Care Clinics

Community Health Care Delivery is here and has been for over 40 years.

Heath Delivery Inc. (HDI) has been in existence for over 40 years in the Saginaw community and it has grown tremendously to provide health care services to the surrounding communities. Everyone has likely come into contact with HDI through working at Synergy Medical Education Alliance; however, the scope of what they do in this community is somewhat astounding. Through the Leadership in Medicine for the Underserved/Vulnerable (LMUV) program, MSU CHM medical students have begun travelling to one of the Seasonal Migrant Health Center sites run through HDI in Imlay City. This clinic provides high quality social and health care services and has an incredibly dedicated staff committed to serving the Spanish speaking community in the area.



Alvaro (Al) Adan is the Migrant Services Director for HDI and oversees the four Seasonal Migrant Health Center sites run through HDI (Belding, Caro, Imlay and Manchester). The Imlay City clinic has been operational for over 30 years at various locations in the area; their current location is at 100 East Third Street. From doing outreach work in farm worker camps to working in the community to assess and address their unique health needs, this clinic truly demonstrates the efficiency and accessibility of community-based health care delivery. The clinic is open on Monday and Wednesday afternoons on a walk-in basis from around 3-8 pm. Dr. Renae Carter is the on-site physician, and has been travelling to the clinic for about 3 years. The WIC program is also on site to offer nutritional services to women and young children who come to the clinic. WIC joined the clinic in the early 70s and also offers the *Project Fresh* program to their clients so that they can access fresh produce as a part of maintaining a healthy diet.

On average, the clinic serves around twenty patients every night that they are open and in every capacity they can. Navigating the health care system in English is hard enough, so the clinic also helps patients understand how they can best access the care they need. Basic labs can also be drawn on site to minimize travel for patients and the bilingual staff ensures that no care is lost in translation. The clinic also provides a central location for other organizations to come and offer their services to the community. For example, in August the Andersen Eye Associates bus came to town to offer annual eye exams, especially for those living with Diabetes.



Currently the major issue affecting the patient population at the Imlay Clinic is Diabetes. This is not a unique issue since the country at large is facing an epidemic of the disease; however, addressing diet modification has been a difficult issue for them. The clinic is looking into how they can best address this through offering bilingual dietician counseling services, a relatively large undertaking for their immensely stretched resources, but they have proven time and time again that they can always find a way to offer the best care to their patients.

The Imlay City clinic has served thousands of people over the years; multiple generations of families have walked through its doors. The clinic is a busy, lively and inviting place; the staff is invested in the community and they offer quality care to their patients without pretense, only dignity and respect. As a class, we are incredibly honored to have the opportunity to experience the Migrant Health services offered through HDI, and of course practice our Spanish as future health care providers in a multicultural nation. The work they do is both humbling and inspiring; it is possible make a difference.

If you would like to volunteer at the clinic or if you would like to learn more about what the Migrant Worker Health Clinics do, please contact Alvaro (Al) Adan, HDI at (989) 671-2000 ext 244 or visit them on the web at www.healthdelivery.org.

**-Sukhveer Bains, MS-III
MSU/CHM**



2009 Andrew D. Hunt, M.D. Endowed Lectureship

With speaker

Dr. Michael Bennish

MSU College of Human Medicine Alumnus

“Growing Up Health in Africa (and What we Can do to Make it Possible)”

Friday, October 16, 2009

3 p.m. to 5 p.m.

Wharton Center, Pasant Theatre

CME credits: 2

Dr. Michael Bennish is the Executive Director and Founder of Mpilonhle. He has an abiding interest in the health and welfare of children growing up in impoverished communities. He has worked throughout the world in areas where the need for medical services is greatest. Dr. Bennish is a native of Detroit, MI. He graduated from MSU College of Human Medicine in 1977. Dr. Bennish is currently a Senior Associate in the Department of Population, Family and

Reproductive Health at the Bloomberg School of Public Health at the Johns Hopkins University. For more information on Mpilonhle and Dr. Bennish visit www.mphilnhle.org.

2009 Alumni & Friends

*Celebrate the 25th Anniversary of Dean Marsha Rappley and her class of 1984
Celebrate your College of Human Medicine's 45th year as a medical school*

MSU College of Human Medicine Alumni Association and Dean Marsha D. Rappley, M.D. ('84)

Cordially invite all alumni, faculty, staff, students, community partners, and friends to join us for a day of Celebration

Reunion Tailgate

Saturday, October 17, 2009

10 a.m. Reunion Tailgate Noon Game Kick-off (ticket required)

Look for the CHM tent by the Red Cedar River

(reunion and tailgate will be two hours prior to the MSU vs. Northwestern game)

To purchase football game tickets and to register to attend the Reunion Tailgate and Hunt Lecture call Marci Muller at (616) 234-2611 or email marci.muller2hc.msu.edu. Tickets are \$49 each; quantities are limited.

ERAS 2010 Timeline for Allopathic Schools

Date	Activity
September 1, 2009	Schools, ECFMG, NBME and NBOME may transmit residency supporting documents. Residency programs may begin contacting the ERAS PostOffice to download application files.
November 1, 2009	MSPEs are released at 12:01 a.m.*
December 2009	Military match results are available.
January 2010	Urology match results are available.
March 2010	NRMP Match results are available, beginning at 1pm. Scramble.
May 31, 2010	ERAS PostOffice will close to prepare for the ERAS 2011 season.
July 1, 2010	Residency training begins.

Senior students are beginning the process of applying for Residency programs. Just a few pointers to assist in making this a smooth and error free process.

1. Please understand that it is not necessary that you have everything in before completing and sending your ERAS application. If you are waiting to figure out who will be writing your letters of recommendation (LOR) that is not necessary. You can go in and enter LOR's and add the names of the letter writers later, so please don't let that hold you up.

2. If you are applying to very competitive programs you need to get your

application done as soon as possible. Programs are able to begin viewing your applications on September 1st, so you should at least have your application and personal statement done by then. It may also be helpful to have one or two letters of recommendations in by then also.

3. Do not request your transcripts until after October 1. Hopefully, all of your grades from Year III will be posted by then (check online first). I also need a photograph to scan into ERAS for you. If you would like for me to use your hospital ID photo, just let me know.

ERAS 2010 processing fees. These fees are:

1 – 10 Programs, \$65 (includes initial application fee)
11-20 Programs, \$8 each
21-30 Programs, \$15 each
31 or more Programs, \$25 each

NRMP 2010 Timeline

August 15, 2009 – Applicant registration begins at Noon Eastern Time
November 30, 2009 – Applicant registration deadline without paying an additional late fee of \$50
January 15, 2010 – Rank Order List Entry begins
January 31, 2010 – Program Quota Change Deadline
February 24, 2010 – Late Registration deadline. Rank Order Lists closes at 9:00 p.m. Eastern Standard Time
March 18, 2010 – Match Day

Absence from Clerkships...

Just a reminder that if you are absent from your clerkship, you are responsible for notifying the following people:

Clerkship Coordinator/Assistant
Preceptor
Assistant Dean's Office

Failure to contact the appropriate people is unprofessional behavior and could be reflected in your final clerkship letter. If you need to request time off from a clerkship, you will also need to fill out an excused absence form. This form should be submitted to the Community Administrator and the appropriate clerkship director or preceptor. **All time off must be made up.**

Transcripts...

Michigan State University Electronic Transcript Information

In addition to the traditional paper sent via U.S. Mail, official transcripts are now available in an electronic format. Current and former Students submit a [transcript request](#) and select "electronic" as the delivery format. Students will provide the recipient's name and email address. Recipient mailing address is also required for verification purposes.

The recipient will be sent an email with a **secure access code** and a link to a **secure MSU website**.

The web site URL is: <http://www.reg.msu.edu/Transcripts/ETranscript.asp>. Upon secure access code validation, the transcript will be presented in the Portable Document Format (PDF). If needed, download the free [Adobe Reader](#).

Core Competency Schedule

09/02/09 Fluids & Electrolytes, Dr. Stuart Rupke, GFC - 201
09/09/09 Antimicrobial Therapy, Dr. Abter, conf. room 410
09/16/09 CAAM #4, John Clements, conf. room 410
09/23/09 Virtuous Physician, Dr. Wagner, conf. room 410
09/30/09 No Core Comp Session



Please join us in wishing a happy and prosperous birthday to the following CHM Students:

Melvin Ku, MS-III – September 11th

Sukhi Bains, MS-III – September 16th

Seema Varghese, MS-III – September 16th

Donna Tyungu, MS-IV – September 30th

“Images of Humanism in Medicine” *a photography contest for medical students & faculty* *sponsored by* **The Arnold P. Gold Foundation**

Of the 380 photos submitted for this contest, 3 were judged winners and 10 were selected for honorable mention. This photo, submitted by Alan Cantillep, MS-III (the guy on the right) here at the Saginaw campus was one of the 10 selected for honorable mention:

Congratulations Alan on an insightful and creative work in relating the humanistic aspect of medicine!!

Alan Cantillep
Third Year Student
Michigan State University
College of Medicine – Saginaw Campus



MSU CHM LMUV Program Calendar - September 2009

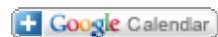
Calendar of Events:

MSU CHM LMUV Program Calendar

Today ◀ ▶ September 2009 Print Week Month Agenda ▾

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31	Sep 1	2	3	4	5
	Fourth Year S		(5:00pm) Therapeutics: Fluids/Electrolytes Post test open 12pm Student +2 more			
6	7	8	9	10	11	12
	Labor Day		(5:00pm) Therapeutics: Antimicrobial Therapy Post- Test 12pm Student +4 more		Patriot Day	
13	14	15	16	17	18	19
			(5:00pm) CAAM #4 Post-test open 12pm Student +3 more			
20	21	22	23	24	25	26
			12pm Student 12pm Needs As +2 more			
27	28	29	30	Oct 1	2	3
Bay County C	7am Start of R		Fourth Year S 12pm Inlay City Clinic +3 more			

Events shown in time zone: Eastern Time



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Visit us on the Web!

http://www.synergymedical.org/med_program/msu-chm/index.html